

Tommy Europe (Last 10 pounds Bootcamp) Visits Yaletown Saturday, July 10th, 2010 |
Posted in: [Lately spotted in Yaletown, Vancouver](#)

We've all bemoaned the fact that losing the "last 10 pounds" is hard. For most people the first 20-30 pounds come off easily after prescribing to a regular diet and exercise program. But then your weight plateaus.

A show dedicated to helping people lose that last bit is "Last 10 pounds Bootcamp" starring Tommy Europe.

The star was recently in Yaletown shooting an episode. It brought the cast to one of the go-to stores in the neighbourhood – Boudoir, a charming store specializing in cocktail dresses and accessories.





Photo Credit: Boudoir

The guest Erin, tried on dresses at the boutique to wear to her “big reveal